



resolutions that matter
for others

be
kind
generous
a neighbor
a singer
present

pastor chad stuart

JANUARY 31, 2026

Welcome

Welcome to Spencerville Church—we're really glad you're here. In a world that constantly competes for our attention, we close our "Be _____: Resolutions that Matter for Others" series with a simple but demanding invitation: "Be Present." My prayer is that, in this space, you'll slow down, tune out the noise, and meet God right here, right now.

Pastor Chad

First Service

9:00 a.m.

Please assist us in maintaining a reverent spirit of worship by muting your electronic devices. You may be photographed or appear in video during the service.

Songs of Praise	Praise Team
Welcome	Pastor Chad Stuart
Children's Lesson	Michael Campbell
Song of Praise	Praise Team
Prayer	Pastor Chad
Sermon	Be _____: Resolutions that Matter to Others Message: "Be Present" Pastor Chad
Song of Response	Praise Team
Benediction	Pastor Chad

Sabbath School

10:15 a.m.

Join us for Sabbath School—whether to share or simply be encouraged. Visit spencervillechurch.org/sabbathschool to find the list of Sabbath School classes and a facility map.

Second Service

11:30 a.m.

Please assist us in maintaining a reverent spirit of worship by muting your electronic devices. You may be photographed or appear in video during the service.

Welcome	Pastor Chad Stuart	
Prelude	Drei Duette: Präludium <i>Dmitri Shostakovich</i>	Keri Tomenko, violin Deric Tomenko, viola Erwin Nanasi, piano
† Call to Worship	Lynn Parker	
† Hymns of Praise	No. 88 I Sing the Mighty Power of God	Congregation
Invocation	Pastor Chad	
Children's Lesson	Michael Campbell	
Call to Prayer	No. 517 My Faith Looks Up to Thee	Congregation
* Prayer	Eric Aniel Barbe	
Anthem	How Great Thou Art <i>arr. Larry R. Beebe</i>	Keri Tomenko, violin Deric Tomenko, viola Erwin Nanasi, piano
Sermon	Be _____ : Resolutions that Matter to Others Message: "Be Present"	Pastor Chad
† Hymn of Response	No. 461 Be Still, My Soul	Congregation
† Benediction	Pastor Chad	
Benediction Response	No. 65 God Be With You	Congregation
** Postlude	Psalm 19 The Heavens Declare <i>Benedetto Marcello</i>	Asriel Davis, organ

† Indicates congregation is to please stand

* Indicates congregation to please kneel

** During the postlude, you are invited to remain seated or depart in the joy of Jesus Christ.

MEMBERSHIP TRANSFERS

OUTGOING

This is the second reading.

Douglas Ventura to Capital Spanish Adventist Church in Washington, DC

April & Jarrod Lutz to the Frederick Adventist Church in Frederick, Maryland

Paulson Tharapatla to Southern Asian Adventist Church in Silver Spring, Maryland

Church Business

NOMINATIONS FOR CHURCH OFFICER

This is the second reading.

Bob Rova, deacon

Church Life

MONTHLY POTLUCK LUNCH

Join us for our fellowship Potluck Lunch following the 11:30 a.m. worship service **next Sabbath**, at Spencerville Adventist Academy. This month will be an Italian theme. Bring a dish that feeds 10-12 people.

TRANSFORM YOUR LIVING SPACE

Feeling overwhelmed by clutter? Women's Ministries invites you to a free two-hour seminar to uncover why clutter accumulates and learn practical ways to sort, streamline, and maintain an organized home—creating a calmer, more intentional living space. **Sunday, February 22, from 12:00 to 2:00 p.m.** Visit spencervillechurch.org/declutter to register.



Everything happening at Spencerville—all in one place.
visit: spencervillechurch.org/announcements

Calendar

FEBRUARY

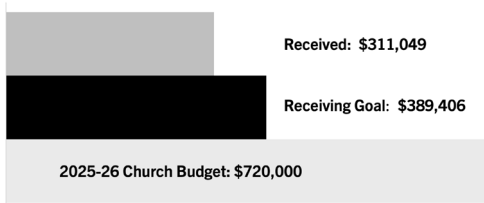
- 2 Nedley Depression & Anxiety Recovery Program/ 6:30 p.m. - SAA
- 3 Virtual Prayer Meeting: spencervillechurch.org/zoom/prayermeeting
- 4 Midweek Service / 7:00 - 8:00 p.m. - SAA Auditorium
- 6 Youth/High-School Vespers / 6:30 p.m. - SAA
- 7 Youth Sabbath
- 7 Monthly Potluck Lunch/ 1:30 p.m. - SAA
- 7 Adventurers Meeting / 3:00 p.m. - SAA
- 8 Pathfinder Meeting / 9:00 a.m. - SAA

Financial

We appreciate your continued generosity in support of the Operating Budget of Spencerville Church. Our online giving page is available 24/7 to receive your tithe and offerings at spencervillechurch.org/give.

OPERATING BUDGET RECEIVED

Through Week 26 - December 27, 2025



fiscal year beginning July 1, 2025

CURRENT DEBT

\$2,323,663

as of January 15, 2026

CAPITAL BUDGET RECEIVED

\$327,431

*received through
December 27, 2025*

Loose offerings for January 31 will be directed to: Local Church Budget.



MEETING

The Lutheran Church of St. Andrew
15300 New Hampshire Ave
Silver Spring, Maryland 20905

MAILING

16325 New Hampshire Avenue
Silver Spring, Maryland 20905

CONTACT

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spencervillechurch.org

WI-FI

Network: LCSA-Guest
Password: lcsawifi

SUNSET

Today: 5:27 p.m.
Next Sabbath: 5:35 p.m.

CONNECT

@spencervillesda





Be_: Resolutions that Matter for Others

BE PRESENT - THE GOOD PORTION

“Be still, and know that I am God.” —Psalm 46:10

BIG IDEA Being present is a resolution for others—because when you are present, the people around you don’t just get more of your time; they get more of you. The solution to an overbusy life isn’t more time—it’s slowing down and simplifying around what really matters: the presence of God and the people God has given you.

MESSAGE SCRIPTURES

Luke 10:38–42 • Psalm 46:10 • Philippians 2:3–4

THOUGHTS

- Hurry and busyness can disconnect us from God and others (*Luke 10:41*).
- Jesus calls us from “many things” to “one thing necessary”: sitting at His feet (*Luke 10:42*).
- Stillness is trust—stop striving long enough to remember that God is God (*Psalm 46:10*).
- Presence is humility: “look... also to the interests of others” requires attention (*Phil. 2:3–4*).
- Guard your attention so your spouse, kids, friends, and church get the best of you—not your leftovers.

QUESTIONS

- Where am I “anxious and troubled about many things” right now (*Luke 10:41*)?
- What would choosing “the good portion” look like today—before I try to fix or produce?
- Who is receiving my leftovers instead of my attention?
- What distraction do I need to limit this week so I can “be still” and actually listen?
- How would my relationships change if I practiced Philippians 2 presence?

THIS WEEK: 1 prayer ♦ 1 word ♦ 1 act

Pray: “Jesus, slow me down—help me choose the good portion, practice Your presence, and be fully present with the people You’ve entrusted to me.”

Speak: Tell someone that can hold you accountable what one thing you are going to do this week to be more present.

Act: The First Minute—when I enter a room, I will give my first focus to the person(s) in the room, not a screen: I’ll make eye contact, and ask one real question, and I will stay focused through their answer.

PRAYER Jesus, slow me down—help me choose the good portion in Your presence, and be fully present with the people You’ve entrusted to me.